

benedictio

The Liturgy

Exposition: Blessed Sacrament is brought to the altar

Adoration: Prayers, songs, readings, Liturgy of the Hours, or rosary

Benediction: Prayer by priest, then the blessing

Reposition: Blessed Sacrament replaced in the Tabernacle

The Exposition of the Blessed Sacrament

Stand: The altar server, and/or assisting priest(s), enters the chapel, with incense bowl, followed by the Presider carrying the Luna with the Host. We begin to sing a selected song relating to the liturgical season, or the mystery of the Eucharist.

Kneel: While the Presider places the Luna with the Host on the monstrance on the altar, we kneel in solemn reverence of the Blessed Sacrament. Once the Presider has reached the front of the altar and kneels, he will lead all in singing the *Salutaris Hosita*, or some other appropriate Eucharistic song. (*See any inserts.*)

Stand or be Seated: After the presider has incensed the monstrance, he will wait a few minutes before standing and walking to the ambo, or the Presider's Chair (if a reader is present to assist) to start the reading(s). If the Gospel is to be proclaimed, the Presider will instruct all to please stand. Otherwise, all will remain seated during the non-Gospel scripture reading(s). This is followed by a short reflection applicable to the reading and the quiet time of adoration.

Adoration

Kneel or be Seated: After the reading(s) are completed, if not already done, the Presider, assisting priest(s), and/or altar server(s) will go to their assigned seating to start their private portion(s) of the adoration/devotion.

ADOREMUS IN ÆTERNUM

Presider: Ant. Let us adore forever this Most Holy Sacrament

**Praise the Lord, all you nations:
sing his praises, all you peoples.
For he has shown us His loving kindness;
the truth of the Lord remains forever.**

Presider: Ant. Let us adore forever this Most Holy Sacrament

Glory be to the Father, and to the Son,

**and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be, world without end. Amen.**

Presider: Ant. Let us adore forever this Most Holy Sacrament

Sufficient time is now provided for silent prayer.

Eucharistic Hymn and Incensation

Toward the end of the exposition the Presider, assisting priest(s), and/or deacon goes to the altar, genuflects, and kneels. Then a hymn or other Eucharistic song is sung.

The Divine Praises

Priest: Blessed be God. Blessed be her holy and Immaculate

R:/ Blessed be his Holy Name. Conception.

Blessed be Jesus Christ, true God and true Man. Blessed be her glorious Assumption.

Blessed be the Name of Jesus. Blessed be the name of Mary, virgin

Blessed be his most Sacred Heart. and mother.

Blessed be his most Precious Blood. Blessed be St. Joseph, her most chaste

Blessed be Jesus in the most spouse.

Holy Sacrament of the Altar. Blessed be God in his Angels and in

Blessed be the Holy Spirit, the Paraclete. his Saints.

Blessed be the great Mother of God,

Mary most holy.

Amen.

Presider: Let us pray.

After a brief period of silence, the minister continues:

Lord Jesus Christ,

you gave us the Eucharist

as the memorial of your suffering and death.

May our worship of this sacrament of your Body and Blood

help us to experience the salvation you won for us

and the peace of the kingdom

where you live with the Father and the Holy Spirit,

one God, for ever and ever.

All respond: Amen.

Benediction of the Blessed Sacrament

Kneel: Once the individual, private adoration/devotion is completed, the Presider and altar server will return to the front of the altar. While the presider incenses the monstrance, all sing the *Tantum Ergo* (or another appropriate Eucharistic song, see back of insert). At Benediction, which concludes the service of Adoration, especially the short form, singing may be confined to the last part, beginning with the words, “*Down in Adoration*”(in **bold**.)

All remain **kneeling** when the Presider says, “Let us pray”:

Presider: *Let us pray:* Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, forever and ever. *Amen.*

Orémus.

Fit brevis pausa silentii deinde minister prosequitur

Deus, qui nobis, sub sacramento mirabili,
passionis tuæ memoriã reliquisti:
tribue, quæsumus;
ita nos Corporis et Sanguinis tui sacra mysteria venerari,
ut redemptionis tuæ fructum in nobis júgiter sentiámus:
Qui vivis et regnas in sæcula sæculórum.

Amen.

Eucharistic Blessing

Kneel or be seated: After the prayer, the Presider, or Deacon assists, if present, puts on the humeral veil, genuflects, and takes the monstrance or ciborium. He makes the sign of the cross over the people with the monstrance in silence.

Reposition

Stand: After the blessing the Presider who gave the blessing, or another priest or deacon, replaces the Blessed Sacrament in the tabernacle and genuflects. Meanwhile the people *may sing*, or say the below included acclamation, and the minister(s) then leave in silence.

V. You have given them Bread from heaven

R. Having within it all sweetness.

*O Saving Victim
(O Salutaris Hostia)*

O saving Victim, op'ning wide
The gate of heav'n to man below,
Our foes press on from ev'ry side;
Thine aid supply, thy strength bestow.

To thy great name be endless praise,
Immortal Godhead, One in three.
Oh, grant us endless length of days
In our true native land with thee. (*Amen.*)

O salutaris Hostia
Quae coeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria. (*Amen.*)

Tantum Ergo

Down in adoration falling,
Lo! the sacred Host we hail,
Lo! o'er ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.

To the everlasting Father,
And the Son Who reigns on high
With the Holy Spirit proceeding
Forth from each eternally,
Be salvation, honor blessing,
Might and endless majesty. Amen.

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. *Amen.*

PANGE LINGUA

Sing, my tongue, the Savior's glory,
of his flesh the mystery sing;
of the Blood, all price exceeding,
shed by our immortal King,
destined, for the world's redemption,
from a noble womb to spring.

Of a pure and spotless Virgin
born for us on earth below,
He, as Man, with man conversing,
stayed, the seeds of truth to sow;
then He closed in solemn order
wondrously His life of woe.

On the night of that Last Supper,
seated with his chosen band,
He the Pascal victim eating,
first fulfills the Law's command;
then as Food to his Apostles
gives himself with his own hand.

Word-made-Flesh, the bread of nature
by his word to Flesh he turns;
wine into his Blood he changes;
what though sense no change discerns?
Only be the heart in earnest,
faith her lesson quickly learns.

**DOWN in adoration falling,
Lo! the sacred Host we hail,
Lo! oe'r ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.**

Liturgical Notes:

If the minister is a priest or deacon he is to wear:

- a. an alb and stole; or
- b. a surplice over a cassock and stole

For the blessing using the ciborium, the priest or deacon also wears a humeral veil. For the blessing using the monstrance the priest or deacon also wears a cope and humeral veil. (Holy Communion and the Worship of the Eucharist Outside Mass (1973) , n. 92, directs a white cope is to be worn.

However, the Ceremonial of Bishops (1984), n. 1104 directs that the cope be "white or of some other festive color". It seems reasonable that this be followed by a deacon and priest, as well as a bishop.)

Other ministers should wear either the liturgical vestments which are usual in the region or the vesture which is suitable for this ministry and which has been approved by the Ordinary.